



Certification Course in **SEXUAL AND REPRODUCTIVE HEALTH**

(Course Duration - 3 months)

Introduction

The Certification Course in Sexual and Reproductive Health is a 3-month online course, featuring e-learning material co-authored by **E-integrity**, **NHS UK**, and the **Faculty of Sexual and Reproductive Healthcare** for doctors seeking to build expertise in Sexual and Reproductive Health. This program, with 14 modules and 14 chapters, covers in-depth knowledge and practical skills, covering critical topics like anatomy, contraception, STIs, unintended pregnancy, safeguarding, and psychosexual medicine, offering a comprehensive approach to sexual and reproductive health.



About OC Academy

OC Academy is India's leading online upskilling platform for doctors. In collaboration with 35+ global institutes and 20+ hospitals, OC Academy curates industry-specific short term and long term courses, fostering a community for medical upskilling. Our online programs, designed to meet the evolving demands of the medical field, prioritise quality, accessibility and flexibility. OC Academy envisions a future where healthcare professionals in India have unparalleled access to transformative education, driving excellence in patient care.

Certificate

Upon completing the programme, you will receive a “certificate of completion”.



Teaching Methodology

Experience dynamic learning with content modules within the e-learning materials curated by expert doctors from internationally acclaimed institutions. Exploring concurrent topics and chapters at one's own pace, with guidance from the latest insights of industry professionals, ensures a comprehensive understanding of the specialty.

- **Interactive training:** The teaching methodology prioritises interactivity, with reading material authored by practising clinicians featuring content to enhance learning.
- **Global relevance for clinical trainees:** Designed to benefit clinical trainees worldwide, this program utilises scenario-based learning to improve skills in sexual and reproductive health.
- **Practical scenario-based learning:** Participants engage in virtual ward simulations, practising history reviews, examinations, management planning, and outcome assessments for improving skills in sexual and reproductive health.
- **Convenient online accessibility:** This certification course allows studying from anywhere, facilitating quality e-learning material co-authored by prestigious institutions like NHS UK and the Faculty of Sexual and Reproductive Healthcare.





COURSE CURRICULUM



Certification Course in Sexual and Reproductive Health

- Module 1 | Basic Anatomy and Physiology
- Module 2 | Consent and History Taking
- Module 3 | Contraceptive Choices
- Module 4 | Emergency contraception
- Module 5 | Contraception: managing side-effects and complications
- Module 6 | Planning pregnancy
- Module 7 | Unintended pregnancy and abortion
- Module 8 | Early pregnancy
- Module 9 | STIs
- Module 10 | Needs of specific groups
- Module 11 | Adult and Child/Young Person (CYP) Safeguarding/Child Protection
- Module 12 | Psychosexual medicine
- Module 13 | Additional Training in Subdermal Implants (SDIs)
- Module 14 | Additional Training in Intrauterine Contraception (IUC)

Curriculum Overview

Module 1 | Basic Anatomy and Physiology

Module 1 provides a foundational understanding of the human body's structure and function, covering essential concepts and systems.

Module 2 | Consent and History Taking

Module 2 covers best practices for obtaining patient consent and taking comprehensive health histories, emphasising the importance of confidentiality and the use of chaperones during sensitive examinations.

Module 3 | Contraceptive Choices

Module 3 covers various contraceptive methods, their mechanisms of action, effectiveness, UKMEC guidelines, and provides insights into choosing the most suitable method based on individual needs and preferences.

Module 4 | Emergency contraception

Module 4 provides a safe and effective way to prevent pregnancy after unprotected sex or contraceptive failure, offering timely intervention to reduce the risk of unintended pregnancy.

Module 5 | Contraception: managing side-effects and complications

Module 5 covers strategies for managing side effects and complications of contraceptives, including bleeding issues and specific challenges associated with IUDs and IUS.

Module 6 | Planning pregnancy

Module 6 focuses on preparing for a healthy conception and pregnancy through medical, lifestyle, and nutritional considerations, ensuring both parents are ready for the journey ahead.

Module 7 | Unintended pregnancy and abortion

Module 7 covers the causes, consequences, and prevention of unintended pregnancies, along with the medical, social, and ethical aspects of abortion.

Module 8 | Early pregnancy

Module 8 covers the initial stages of pregnancy, focusing on the physiological changes, common symptoms, and essential prenatal care practices for a healthy start.

Module 9 | STIs

Module 9 covers a wide range of common clinical problems in concise detail, from acute abdominal conditions and post-operative complications to gastrointestinal issues and trauma management.

Module 10 | Needs of specific groups

Module 10 addresses the unique sexual and reproductive health (SRH) and contraceptive needs of specific groups, including young people, LGBTQ or non-binary individuals, postpartum women, women with raised BMI, and women over 40.

Module 11 | Adult and Child/Young Person (CYP) Safeguarding/Child Protection

Module 11 covers Adult and Child/Young Person Safeguarding/Child Protection, focusing on identifying and supporting victims of modern slavery and introducing female genital mutilation awareness.

Module 12 | Psychosexual medicine

Module 12 focuses on the psychological aspects of sexual health, addressing emotional factors that influence sexual well-being and relationships.

Module 13 | Additional Training in Subdermal Implants (SDIs)

Module 13 offers specialised training in Subdermal Implants (SDIs), enhancing expertise in advanced implant technologies and procedures.

Module 14 | Additional Training in Intrauterine Contraception (IUC)

Module 14 provides additional training on intrauterine contraception (IUC), focusing on advanced techniques and clinical considerations.

Course Fees



Course Name

Certification Course
in Sexual and
Reproductive Health



Duration

3 Months



Certification

Certificate of
completion



Price

Rs.15,000
+ GST

[Enroll Now](#)

[Advance your career in Sexual and Reproductive Health.](#)

Why take this course?



Fast-track career growth



Convenient online learning



Comprehensive learning
with expert-led curriculum



OC Academy (Accelerate Your Career in Medicine)

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