



# Certification Course in **PAIN MANAGEMENT**

(Course Duration - 3 months)

# Introduction

The Certification Course in Pain Management is a 3-month online course, featuring e-learning material co-authored by **E-integrity, NHS UK, the Royal College of Anaesthetists, Faculty of Pain Medicine, and British Pain Society** for doctors seeking to build expertise in pain management. With an extensive curriculum comprising 13 modules and 88 chapters, this course is tailored for practitioners who care for patients with acute, chronic, and cancer pain with a comprehensive understanding of the physical, psychological, and social dimensions of pain.



# About OC Academy

OC Academy is India's leading online upskilling platform for doctors. In collaboration with 35+ global institutes and 20+ hospitals, OC Academy curates industry-specific short term and long term courses, fostering a community for medical upskilling. Our online programs, designed to meet the evolving demands of the medical field, prioritise quality, accessibility and flexibility. OC Academy envisions a future where healthcare professionals in India have unparalleled access to transformative education, driving excellence in patient care.

# Certificate

Upon completing the programme, you will receive a “certificate of completion”.



# Teaching Methodology

Experience dynamic learning with content modules within the e-learning materials curated by expert doctors from internationally acclaimed institutions. Exploring concurrent topics and chapters at one's own pace, with guidance from the latest insights of industry professionals, ensures a comprehensive understanding of the specialty.

- **Interactive training:** The teaching methodology prioritises interactivity, with reading material authored by practising clinicians featuring content to enhance learning.
- **Global relevance for clinical trainees:** Designed to benefit clinical trainees worldwide, this program utilises scenario-based learning to improve skills in managing various pain conditions.
- **Practical scenario-based learning:** Participants engage in virtual ward simulations, practising history reviews, examinations, management planning, and outcome assessments for managing pain conditions.
- **Convenient online accessibility:** This certification course allows studying from anywhere, facilitating quality e-learning material co-authored by prestigious institutions like the Royal College, NHS UK, Faculty of Pain Medicine and British Pain Society.





# COURSE CURRICULUM

---



# Certification Course in Pain Management

- Module 1 | Introducing Pain Management
- Module 2 | Acute Pain
- Module 3 | Pain as a Long Term Condition
- Module 4 | Treatments and Therapies
- Module 5 | Pain Conditions Around the Body
- Module 6 | Musculoskeletal Pain
- Module 7 | Neuropathic Pain
- Module 8 | Pain in Children
- Module 9 | Pain in Older People
- Module 10 | Special Populations
- Module 11 | Cancer Pain
- Module 12 | Basic Science
- Module 13 | Essential Pain Management

# Curriculum Overview

## Module 1 | Introducing Pain Management

Module 1 introduces pain management, covering epidemiology and its impact, the definition and mechanisms of pain, as well as techniques for history-taking, examination, and assessment.

## Module 2 | Acute Pain

Module 2 covers acute pain pharmacology, assessment, special population management, adjuvant analgesics, regional anaesthesia, and includes MCQs on various acute pain scenarios.

## Module 3 | Pain as a Long Term Condition

Module 3 delves into Pain as a Long-Term Condition, covering the Biopsychosocial Model, Chronic Pain Management, Multidisciplinary Approaches, Psychological Assessment, Self-Management Support, and includes MCQs on various pain-related topics.

## Module 4 | Treatments and Therapies

Module 4 explores a range of pain management strategies, from analgesia in intensive care to opioids at end of life, including pharmacological, interventional, and alternative therapies.

## Module 5 | Pain Conditions Around the Body

Module 5 explores a spectrum of pain conditions from headaches to pelvic pain, including recent updates on complex regional pain syndrome through interactive quizzes.

## Module 6 | Musculoskeletal Pain

Module 6 focuses on various aspects of musculoskeletal pain, including whiplash injury, osteoarthritis management, low back pain care, return-to-work support, inflammatory arthritis pain, vertebral fractures, and sciatica.

## Module 7 | Neuropathic Pain

Module 7 explores Neuropathic Pain diagnosis, common conditions like postherpetic neuralgia, and offers practical insights through multiple-choice questions on chemotherapy-induced peripheral neuropathy and diabetic neuropathy.

## Module 8 | Pain in Children

Module 8 delves into the unique nature of pain in children, covering assessment methods, management of acute and chronic pain, and specific types like musculoskeletal pain.

## Module 9 | Pain in Older People

Module 9 addresses pain assessment, common conditions, medications, and non-pharmacological strategies for managing chronic pain in older adults.

## Module 10 | Special Populations

Module 10 covers pain management in pregnancy, sickle cell crises, addiction-related pain, and includes MCQs on burn patients and placental drug transfer.

## Module 11 | Cancer Pain

Module 11 focuses on Cancer Pain, covering its causes, pharmacological and non-pharmacological management, survivorship, and methadone use, alongside MCQs on intervention techniques and end-of-life care.

## Module 12 | Basic Science

Module 12 explores opioid receptor MCQs, the pain pathway anatomy and physiology, nociceptive system modulation, plasticity, and imaging's role in pain understanding.

## Module 13 | Essential Pain Management

Module 13 introduces Essential Pain Management (EPM) tailored for medical students, focusing on teaching methodologies and an overview of EPM principles for effective pain management.

## Course Fees



### Course Name

Certification Course  
in Pain Management



### Duration

3 Months



### Certification

Certificate of  
completion



### Price

Rs.15000  
+ GST

**Enroll Now**

**Advance your career in Pain Management**

## Why take this course?



Fast-track career growth



Convenient online learning



Comprehensive learning  
with expert-led curriculum



## OC Academy (Accelerate Your Career in Medicine)

Address: No 228/114, 4th Floor, Saroj Bank Square ("Omnicuris, 4),  
Bhoganahalli Road, Bengaluru, Karnataka 560103

### Contact us

 [www.ocacademy.in](http://www.ocacademy.in)

 [support@ocacademy.in](mailto:support@ocacademy.in)

 080 6980 9595